

Women's Aid
(Office) 0113 244 2578
(Helpline) 0113 246 0401



Leeds Women's Aid (LWA) is an independent charity, formed in 1972, providing services to women and children affected by Domestic Violence & Abuse (DV & A). We provide a range of the very best services for vulnerable women and families who are victims and survivors of: domestic, sexual & honour based violence and abuse; forced marriage; trafficking; stalking and harassment.

Our services include:

Emergency refuge accommodation; 24/7 telephone helpline; drop-in services; healthy relationship programmes; Independent Domestic Violence Advocates (IDVAs); working with women experiencing complex needs; community development and support & interventions for children and young people.

<https://leedswomensaid.co.uk/>

Adult Social Care
Leeds City Council
Tel: 0113 2224401



Care and support for adults is the term used to describe the help some people aged over 18 need to live as well as possible with their illness, disability or other problems. It can include help with things like washing, dressing, eating, getting out and about and keeping in touch with family and friends.

Adults who may need extra care and support include:

- older people
- people with learning disabilities
- people with physical disabilities
- people with mental health problems
- people with drug and/or alcohol issues

Please call us on **0113 222 4401** (Weekdays, 9am to 5pm, except Wednesdays when we're open from 10am) and tell us about the difficulties you're experiencing. This can be done by you, a family member, a friend, your doctor or anybody else who thinks you might need some extra support. If you have difficulty using the telephone please email us at: feedback@leeds.gov.uk.

We will then help and advise you, which could include arranging for you to have a [needs assessment](#) or directing you to other services that can help you.



Homes & Enterprise

Supporting BME Communities
and Multi-Cultural Neighbourhoods



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FOOD BANKS / SUPPORT SERVICES



Unity Housing Association Ltd,
113-117 Chapeltown Road,
Leeds
LS7 3HY

Phone: 0113 200 7700
www.unityha.co.uk



Due to the **CORONAVIRUS** (COVID-19) Unity Housing would like to ensure that all residents have some useful information with regards to the various Food Banks and support services within the Leeds area to help assist where possible.

Food Banks

Moortown Methodist Church (post Alderton Rise, phone 07542 189059) as well as Lister Hill Baptist Church (post 1 Brownberrie Ave, Horsforth, LS18 5PW, telephone 07758 196 951) provide free food in northern Leeds. The parcels may have pudding, coffee, nappies, and more. Both partner with Trussell Trust.

Foodbanks from churches in Eastern Leeds can help the vulnerable. There are several locations to try for a parcel. The distribution centres are St Richards Church on Ramshead Hill, Seacroft, LS14 1BX is open on Tuesdays as well as Church of the Epiphany, Gipton, LS9 6SW.

Health for All Cafe and its partner charities provides emergency food in southern Leeds. Volunteers pack boxes of food and collect perishable and canned goods from supermarkets and restaurants in West Yorkshire. There are several places to pick up a parcel, if the family has a voucher.

Drighlington Methodist Church on King Street is open on Monday from 2 – 4pm.

Middleton St Cross can provide a parcel on Tuesday from 10 am to 2pm. The location is 38 Acre Crescent, Middleton, LS10 4DJ. Another place on Tuesdays is Gildersome St Peters Church.

Hunslet Methodist Church. Post is Telford Terrace, Hunslet, Leeds, LS10 2HR can provide free food parcels on Wednesday from 10am – 12pm, and New Horizons Church as 32a Commercial St is open Wednesday pm.

Leeds Food Bank

Tel: 0113 2444696



In order to provide the most appropriate help for the circumstances of your situation we work with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. The local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis. Agencies we work with include: Citizens Advice, housing support officers, children's centres, health visitors, social services and some local charities.

If you call or email our foodbank we can talk through your situation and put you in touch with a relevant local agency.

Email: info@leedsnorthandwest.foodbank.org.uk

To find out your local centre then please contact us or visit <https://leedsnorthandwest.foodbank.org.uk/locations/>

Useful internet links see below:

<https://www.billhelp.uk/leeds-west-yorkshire-food-banks/>

<https://leedsnorthandwest.foodbank.org.uk/>

Support Services

Presto - Leeds City Council

Tel: 0113 3783750

Support Service providing peace of mind to live safe and well at home. Offer services for example: Meals on wheels, companionship, cleaning, gardening, window cleaning.

Website: <https://www.leeds.gov.uk/civicEnterprise/Our%20services/presto>



Engage Leeds -

Tel: 0113 3807615



It doesn't matter whether you're a homeowner, renting or looking for a new home. We can support you with: Accommodation, Money, Health & Wellbeing, Substance Misuse, Offending behaviour, Domestic Abuse, Work & Learning, Self-Care and Harmful Behaviour, Empowerment and Support Networks, Legal Issues.

Email: referrals@engageleeds.org.uk

Website: <https://engageleeds.org.uk/>

Forward Leeds

Tel: 0113 887 2477

<https://www.forwardleeds.co.uk/>

Email: info@forwardleeds.co.uk



Forward Leeds support people to achieve and sustain recovery from alcohol and drug misuse through a range of treatments. As Forward Leeds is a single organisation offering a complete choice of services we are able to provide help to anyone no matter how simple or complex their needs. Among the services we offer people coming into treatment are: One-to-one support, structured group therapy work, support for family members involving them in recovery when appropriate, health and wellbeing checks, health screenings, blood testing and vaccinations from our medical team, support on reducing the harm of drugs and overdose prevention, substitute medication for certain drugs detox within the community/at home or at a rehab centre.

Leeds Black Elders Association

Tel: 0113 2374332

<http://www.lbea.co.uk/our-schemes/>



Our scheme is aimed to improve the quality of life of the service user by providing individual support when dealing with all aspects of housing issues.

This could be any of the following:- Disconnecting and reconnection of gas and electric. Completing housing related forms. Housing Benefits. Council Tax benefit. Accompanying service-user to appointments that are housing related. Referrals can be carried out via a telephone conversation; through an agency; from a friend or family member or, it could be a self referral.